



Shared Parenting Improvement Game Plan

Use this worksheet to plan realistic steps you can take to address weak points in your co-parenting relationship. Think about concrete changes you can make that will move your family forward and beyond conflict.

Give yourself enough time to reach your goals!

GOAL:

Achievement Date: _____

I will complete this goal by doing the following:

- _____
- _____
- _____

Obstacles I may encounter:

- _____
- _____

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