

50/50 Custody Schedules Cheat Sheet

2-2-3 Custody Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
3:00PM		3:00PM		3:00PM		
8	9	10	11	12	13	14
3:00PM		3:00PM		3:00PM		
15	16	17	18	19	20	21
3:00PM		3:00PM		3:00PM		
22	23	24	25	26	27	28
3:00PM		3:00PM		3:00PM		ourfamilywizard.com

2-2-3: Who it works best for

This schedule involves frequent exchanges and transitions, so experts recommend that co-parents live close to one another to adopt this schedule. Co-parents must regularly interact, so they should have a relatively tension-free relationship. Experts recommend this schedule for younger children, who need time with both parents to form healthy relationships.

3-4-4-3 Custody Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
3:00PM			3:00PM			
8	9	10	11	12	13	14
3:00PM				3:00PM		
15	16	17	18	19	20	21
3:00PM			3:00PM			
22	23	24	25	26	27	28
3:00PM				3:00PM		ourfamilywizard.com

3-4-4-3: Who it works best for

Co-parents with structured schedules who live near one another will likely enjoy 3-4-4-3. The schedule works best for younger children who need to see both parents regularly.

2-2-5-5 Custody Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	3:00PM		3:00PM		3:00PM	
8	9	10	11	12	13	14
3:00PM			3:00PM			
15	16	17	18	19	20	21
	3:00PM		3:00PM		3:00PM	
22	23	24	25	26	27	28
3:00PM			3:00PM			ourfamilywizard.com

2-2-5-5: Who it works best for

2-2-5-5 suits co-parents and kids that have schedules amenable to frequent exchanges. This plan can be a good fit for younger children who have formed attachment styles but still want regular contact with both parents.

Week-on, Week-off Custody Schedule						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
					3:00PM	
8	9	10	11	12	13	14
					3:00PM	
15	16	17	18	19	20	21
					3:00PM	
22	23	24	25	26	27	28
					3:00PM	ourfamilywizard.com

Alternating Weeks: Who it works best for

This parenting plan will be a great fit for pre-teens and teenagers who already have relationships with both co-parents and have an active life outside of family time. In general, most co-parents enjoy less frequent changeovers and extended time together.